Program an Diego County



African American infants are more than <u>twice</u> as likely to die during their first year of life compared to all of San Diego County's infants combined.

Together, we CAN make a difference to help ensure that all babies are born HEALTHY!

Program Services:

- Participation in 10-week prenatal and 10-week postpartum groups
 - "Women who completed group reported they had fun, made friends, and learned information to get ready to have and raise healthy babies."
- Individualized case management and services based on client needs
- Referrals for health check-ups, emergency clothes, food, housing and more

Eligibility Requirement:

Pregnant African American women 18 years of age or older

ALL SERVICES ARE AT NO COST For more information or to enroll, call:

Black Infant Health

4725 Market Street • San Diego, CA 92102 (619) 266-7466

Black Infant Health - North County

3375 Mission Avenue, Suite F ● Oceanside, CA 92058 (760) 730-5078

www.sdbih.org

Providing Support to Pregnant and Parenting African American Women in San Diego County Since 1992









